



Pope Paul Catholic Primary School

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Mrs Siobhan King

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Dear Parents and Carers,

Relationship and Health Education (RHE)/PSHE and Wellbeing

I am writing this letter to inform you about the Relationship and Health Education scheme that we use here at Pope Paul School. The scheme we use is provided by TenTen, known as 'Life to the Full Plus'. This programme is designed specifically for Catholic schools. It aims to teach the RHE (Relationship and Health Education) curriculum within the context of a Christian understanding rooted in the wisdom and teaching of the Catholic Church. However, as it is a Relationships and Health Education specifically designed for Catholic schools, there are some elements that do crossover with your child's current RE lessons.

The Catechism of the Catholic Church perfectly sums up the core principle that the Church gives us with regard to engaging parents when teaching their children about RHE:

'Parents have the first responsibility for the education of their children' CCC 2223

The Catholic Church further expands on this by saying that God has given each family its own specific and unique mission, and that the role of the school is to complement the educational responsibilities that have been bestowed upon parents.

Life to the Full therefore is intended to be a partnership between home, school and the church. Fr Shaun Lennard is the RHE Governor and he works collaboratively with us in his role.

As parents, you are the first educators of your child and we want you to be aware of the teaching programme schedule, so you can anticipate and answer your child's/ren's queries and questions in their supportive home environment.

On the other side of this letter, you will see what modules of learning your child(ren) will be covering in his/her respective year group this academic year.

Age and Stage Differentiation

Every session plan for KS1, LKS2 and UKS2 includes a section called Age and Stage Differentiation. This offers specific suggestions of how to level up or level down the content according to the needs of your pupils, as well as various extension options.

If you wish to explore the lesson resources more fully, please see below the link to Ten Ten's Parent Portal, including suggested home activities to support learning:

Username	pope-paul-en6
Password	lambs-wool
Parent Portal	https://www.tentenresources.co.uk/parent-portal/

When you login, please click on **Year 5** where you will get guidance on the content of the lessons in the programme.

If you have any questions regarding the content, please do not hesitate to contact me.

Many thanks for your continued support in your child's education.

Mrs McNamara
Deputy Head and RHE Subject Lead