

FAMILY PRAYER

At Home

All Saints
Catholic Academy Trust



Thursday 19th March 2026

Let's Prepare

Find a space to be together as a family. Light a candle and think about the presence of Jesus in your lives.

Let's Learn

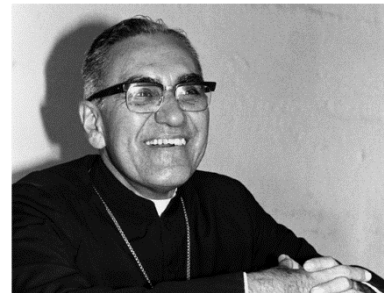
The Feast Day of St. Oscar Romero is celebrated on 24th March each year. St Oscar Romero showed his love in action by standing up for others. He was born in El Salvador and became archbishop of San Salvador in 1977. In El Salvador there was a lot of inequality - a few families were very rich and owned lots of land but most people were poor and earned very little. People became angry at this unfairness. Many people, like Romero, spoke out against what was happening. But the rich were powerful – if people complained they were put in prison or even killed. Despite the dangers, St Oscar Romero stood alongside his people and spoke out against injustice. In 1980, Romero was killed while saying Mass. Oscar Romero knew that he was risking his life. And yet, like Jesus, he continued to speak out against the things he knew were wrong. Romero is remembered for his courage, his faith and his great love for the poor.

We can learn from him to be brave, to speak kindly, and to stand up for others — especially those who are poor, lonely, or treated unfairly.

Let's Listen

A reading from the first letter of John. *1 John 3: 16-18*
“This is how we know what love is: Christ gave his life for us. We too, then, ought to give our lives for others. If we are rich and see others in need, yet close our hearts against them, how can we claim that we love God? My children, our love should not be just words and talk: it must be true love, which shows itself in action.”

The Word of the Lord
All: Thanks be to God.



[Click here to find out more about St Oscar Romero](#)

Let's Reflect

Our reading tells us to show our love in actions, not just words and talk. How can you show your love in action at home, at school and in your community? Can you think of a time when you stood up for someone or told the truth, even when it was hard? What helps us to be brave like St Oscar Romero? (faith, prayer, family, friends) Light your candle and take a quiet moment to think about people who need courage today. Draw a heart or a cross and inside, write or draw, one way you can show courage or kindness this week and one person you want to pray for who needs strength. Place your drawings near the candle as a reminder that God's light gives us courage to do good.

Let's Pray

Dear Jesus,
Thank you for giving us salvation. Show us how to live with courage and love. Thank you for the example of St Oscar Romero, who spoke up for justice and cared for the poor. Open our hearts to listen to Your voice and help us to stand up for what is right, even when it's hard.
Amen.



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