

FAMILY PRAYER

At Home

All Saints
Catholic Academy Trust



Thursday 22nd January 2026

Gather

Ask your family to sit with you for the prayer. Perhaps write them an invitation and let them know when and where you would like to meet. Set up your space to make it inviting for your guests, with cushions, candles and a bible or prayer book.

Imagine

Imagine the adults in your family are in the middle of a typical day, probably hard at work. Someone comes along and tells them to 'follow me.' What would they do? How would they feel? How would you feel? Probably a mixture of shock and confusion! No doubt that is how the first disciples felt when they were called by Jesus himself. Let's hear the story:

Hear

Matthew 4: 18-22

Jesus Calls the First Disciples

As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea—for they were fishermen. And he said to them, "Follow me, and I will make you fish for people." Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him.



Listen

Listen to this hymn and think about how the disciples might have felt, how they responded, and what this tells us about them and about Jesus.

<https://www.youtube.com/watch?v=o469PRLdbHU>

Reflect

The call to discipleship is just that – not an offer or invitation, but a call which they can either respond to or ignore. The immediate decision of Simon and Andrew to leave everything – livelihood, home, family – shows us their level of commitment. Jesus and the disciples would go on to create a new type of family, in which a sense of belonging and community is key. Like a family, they would share meals together, travel together, and have a shared purpose. From here, we know that they go on to support Jesus in his ministry, as he begins to teach, preach and heal.

"Follow me, and I will make you fish for people."

What do you think Jesus meant by this?

How will you, through your actions and words, continue the work of the disciples?

Pray

Dear Jesus, help us respond to your call; help us keep your message in our hearts and minds; help us to share your wisdom with others in what we say and do. Amen.

Prepared by Mrs Hines
St John Fisher
Catholic Primary School

