

FAMILY PRAYER

At Home

All Saints
Catholic Academy Trust



Thursday 16th September 2026

Peace Sunday - Blessed are the Peacemakers

Peace Sunday reminds us that we are all part of one human family. Today, we will listen to God's Word and reflect on how Catholic Social Teaching calls us to live with solidarity and peace each day. As we pray together, we are encouraged to choose kindness, forgiveness, and understanding, becoming peacemakers at home, in school, and in our world.

Prepare the space

Gather as a family in a quiet place.

Light a candle and, if you wish, place a small cross or picture of the world nearby.

Say together: "We are in God's presence."

Listen to God's Word

Read slowly and calmly:

"Blessed are the peacemakers,
for they will be called children of God."
(Matthew 5:9)

Pause for a few moments of silence.

Read it again, slowly.

Think and Wonder

Ask gently (choose one or two):

What word or phrase stands out to you?

What do you think a peacemaker is?

Where do we see peace at home or school?

Where do we notice arguments, unfairness, or sadness?

Speak to God

Invite each person to offer a short prayer. You might say:

"Thank you, God, for..."

"Sorry, God, for times when..."

"Please help us to bring peace when..."

Finish together by saying: "Lord, help us to be peacemakers in our words and actions."

Rest in God

Sit quietly and say slowly:

God's peace fills our hearts.

God's peace fills our home.

Breathe in peace...

Breathe out worry...



Living It Out

Say together: "This week, we will choose peace."

Decide on one small action as a family, such as:

Using kind words when we disagree

Helping someone who feels left out

Saying sorry and forgiving quickly

Praying for people affected by war or conflict

Closing Prayer

Lord God,

You call us to live as one family,

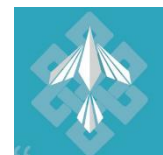
to stand together in solidarity,

and to be peacemakers in our world.

Help us to build peace in our homes,

our school, and our world.

Amen.



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