

FAMILY PRAYER

At Home

All Saints
Catholic Academy Trust



Thursday 26th February 2026

Gather

As a family, gather together for prayer in a quiet and comfortable space in your home. Create a simple prayer focus using a Bible and a candle to remind you that Jesus is present with us whenever we come together in love and unity. You could also place something in the centre that represents a community you belong to, such as school jumper, club badge or a photograph of family or friends.

Let's Think

Catholic Social Teaching teaches us that every person has the right to belong to a community and to take part in it. Communities are strongest when everyone feels included, valued and able to join in. Whether at home, at school, at church or in our neighbourhood, we are called to help others feel that they are an important part of God's family.

Think carefully about the communities you are part of and the role you play within them.

Now try this together:



Place a jigsaw puzzle in the middle of prayer space. Work together to begin building it. When you are nearly finished, remove one piece.

Can the puzzle be completed without a missing piece?

How does it feel when something important is missing?

What difference does each individual piece make?

Just like pieces of a puzzle, every person is our family, school and community is important. When someone is left out or unable to take part, the whole community is not as strong as it could be.

Catholic Social Teaching reminds us that everyone is needed and everyone belongs.

Hear



Romans 12: 4 – 5

A reading from the letter of St Paul to the Romans

Response: Glory to you, O Lord

Each one of us has one body with many parts. The parts do not all have the same purpose. In the same way, though there are many of us, we are one body in Christ, and each one belongs to all the others.

The Word of the Lord

Response: Thanks be to God

Reflect

In this reading, St Paul reminds us that although we are all different, we belong to one another. Every person has something special to offer and each of us has a responsibility to help our community grow in kindness and understanding. When we participate fully by sharing our ideas, helping others and working as a team, we are building a strong and caring community.

Being part of a community is not just about what we receive, but also about what we give. When we take turns, share equipment, listen to others' opinions and include people in games or conversations, we are showing God's love through our actions.

How can we include someone new in a game or activity this week?

How can you help someone who is finding something difficult?

When have you worked together with others to achieve something?

Pray

Loving God, Thank you for the gift of community.
Help us to include others, to listen with kindness
and to work together in peace.
Guide us to take part in ways that make others
feel welcome and valued, so that we can build
strong and caring communities where
everyone belongs. Amen.

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