

FAMILY PRAYER

At Home

All Saints
Catholic Academy Trust



Thursday 12th March 2026

Materials:

- A candle or battery tea light
- A Bible
- Paper and crayons/markers
- A blindfold, scarf, or tea towel
- A mirror (optional)



Opening Prayer

Dear Jesus,
Thank You for being the Light of the world.
Thank You that You help us to see clearly —

not just with our eyes, but with our hearts too. Open our hearts today so we can understand Your love and learn how to follow You more closely. Amen.



Listen - Bible reading: John 9:1, 6-7, 35-38

A reading from the Holy Gospel according to John.

As Jesus walked along, He saw a man who had been blind from birth. Jesus made mud with the clay and put it on the man's eyes. Then He said to him, "Go and wash in the Pool of Siloam."

So the man went, washed, and came back able to see. Later, Jesus found him and asked, "Do you believe in the Son of Man?" The man said, "Lord, I believe." And he worshipped Him.

Reader: The Gospel of the Lord

Family Response: Praise to You, Lord Jesus Christ

Pause and wonder together:

- What do you think it felt like to be blind?
- How do you think the man felt when he could see for the first time?
- Why do you think Jesus wanted to heal him?

Reflect - Bible Discussion

Sometimes we think seeing is only about our eyes, but Jesus teaches us that real vision is about our hearts.

The blind man didn't just receive his sight — he also learned who Jesus really was. While some people around him could see with their eyes, they still didn't understand Jesus or believe in Him. The blind man, however, chose to trust Jesus, and that changed his whole life.

We can be a bit like that too. Sometimes we don't notice when others are lonely, sad, or need help. Sometimes we don't see how God is working in our lives. Jesus wants to help us see more clearly — to notice goodness, to show kindness, and to recognise His love every day.

When we pray, listen, and try to follow Jesus, He helps us to see the world the way He does.

Discussion Prompts

- Can you think of a time when you didn't understand something at first, but later it became clear?
- What helps us to "see" God in our lives? (prayer, family, kindness, church)
- How can we help others feel seen and valued?

Creative Reflection / Prayer

Task

"Seeing with New Eyes"

Instructions:

Ask one family member to gently wear a blindfold or scarf over their eyes.

Another family member gives simple instructions (e.g. walk slowly, pick up an object).

Pause and talk about how it felt to trust someone else.

Then:

Give everyone paper and crayons.

Draw a pair of eyes or a heart.

Inside the drawing, write or draw:

One thing Jesus helps you to see more clearly

One way you can help others feel noticed or loved

Place the drawings near the candle as a reminder that Jesus is our light.





Sung Worship

You might like to listen to:
"Open the Eyes of My Heart, Lord" or
another song about Jesus being the Light.



Closing Prayer

Dear Jesus,

Thank You for opening our eyes and our hearts.

Help us to see the good in others, to notice those who
need kindness, and to recognise Your love in our lives
each day. Stay with our family and guide us in Your
light. Amen.

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