



School Health Service

Welcome new parents of our school health service.

School nurses are qualified nurses who hold an additional specialist public health qualification. School nurses, with their teams, co-ordinate and deliver public health interventions for school-aged children.

You can contact the school nurse on **0300 123 7572** or via school to discuss the following health concerns:

- Dental health
- Growth and development
- Healthy weight and eating
- Physical activity
- Emotional health and wellbeing
- Support for carers
- Complex health needs and care plans

The school health team will be coming into school to deliver an oral hygiene talk to Reception children during the academic year.

They will also be carrying out the National Child Measurement Programme (NCMP) in the term children reach 5 years old and again in at the end of Key Stage 2 in Year 6. This involves doing height and weight measurements and, additionally, doing a basic hearing and eyesight screen on Reception children. Parents/carers will be contacted by letter with results and children who do not pass these screens will be re-screened 6-8 weeks later and will be referred onto Audiology/Ophthalmology accordingly.

Year 6 pupils will be measured for height and weight only and parents/carers will not receive results.

Prior to carrying out the NCMP, parents/carers will be sent a school health questionnaire to complete with health information/concerns regarding their children and an opt-out letter if they do not wish their child to be screened.

School nurses also have links with the following professionals:

- Speech therapy
- Audiology
- Orthoptist
- Child development
- Attendance improvement teams
- Child and Adolescent Mental Health Service (CAMHS)
- Bed wetting service
- Children's services

Additionally, you can contact the school health team for advice on any concerns regarding the health and wellbeing of your child. The service operates from 8.30am - 5pm, Monday - Friday.

Please visit the link: <https://youtu.be/7RoTkp3vkB0> for a short presentation from the School Nursing Team. Please also visit <https://www.hertsfamilycentres.org/family-centres.aspx> for more information.